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Our Blog

My First Blog Post!!!

Posted on Feb. 7, 2014

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About our Kung Fu

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Our Class Session

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Class Photos

Adam Sparring

image

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Our Location

International District/ Chinatown Community Center

719 8th Ave S.

Seattle, WA 98104

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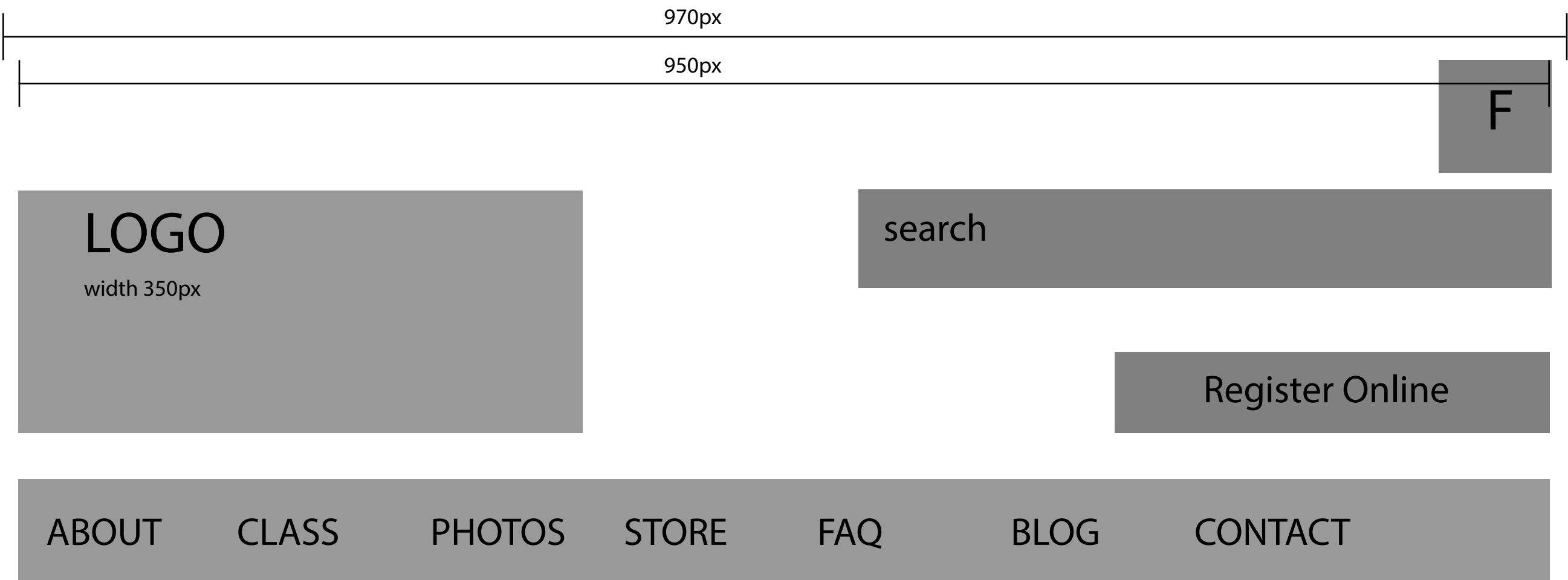
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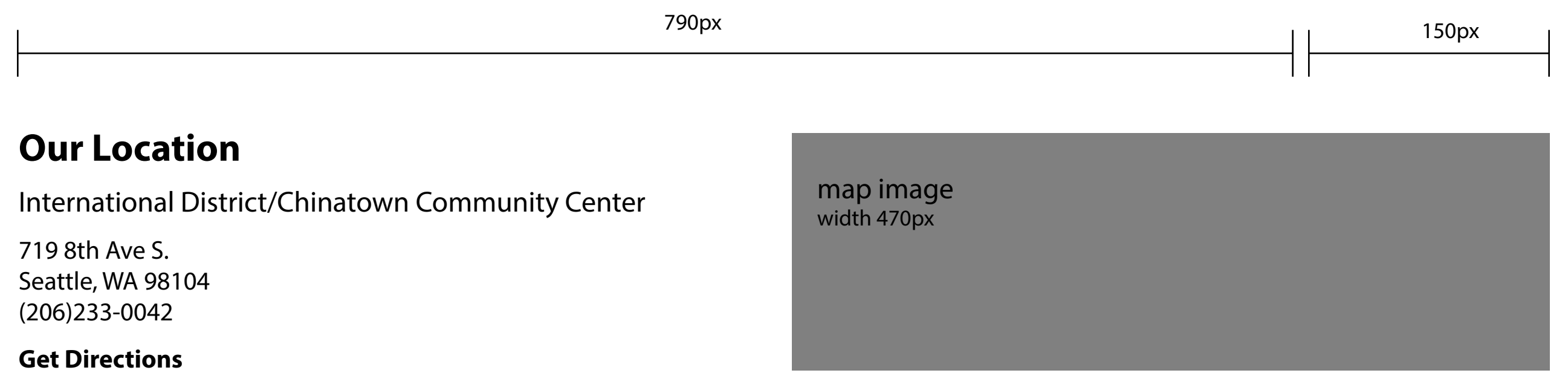
Kung Fu

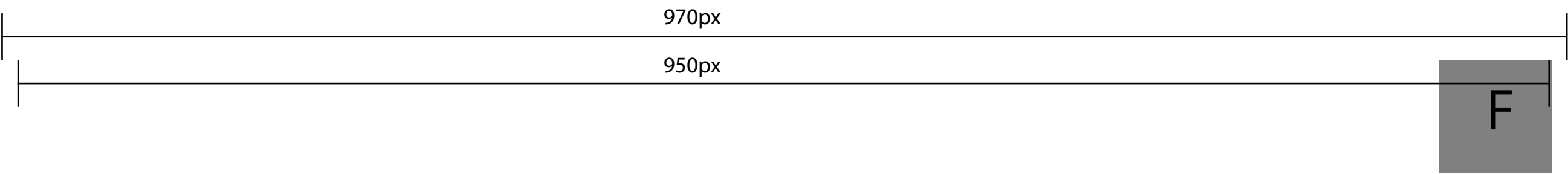
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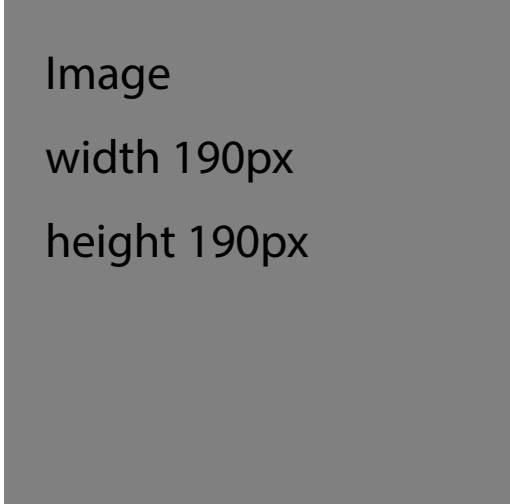
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- Lineage
- Instructor
- Grand Master
- Location



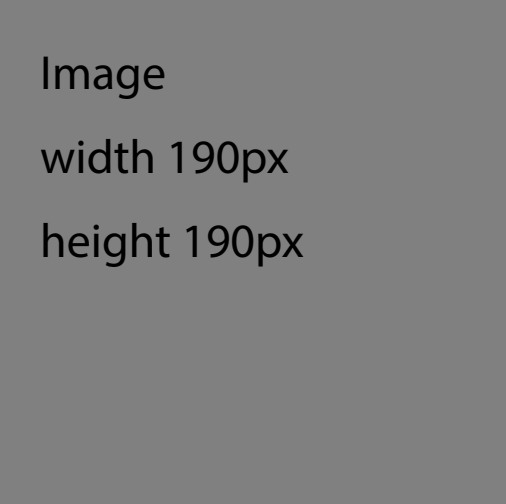


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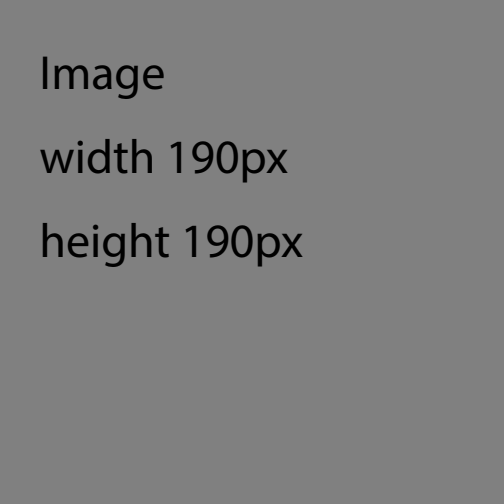
Location photos



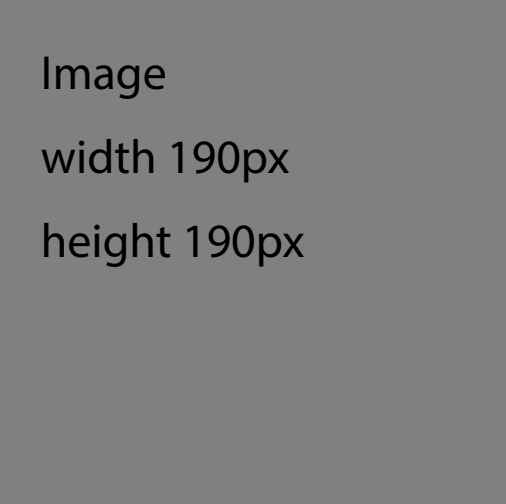
Class photos



Adam Sparring

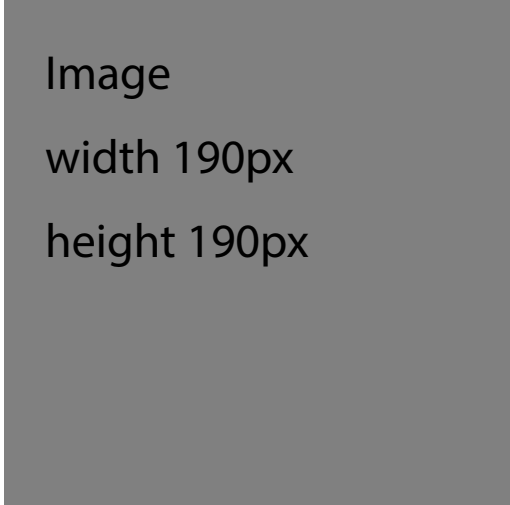


Family BBQ

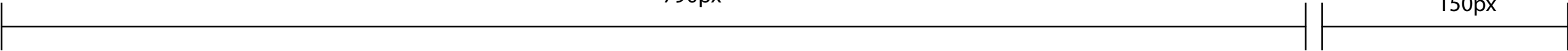
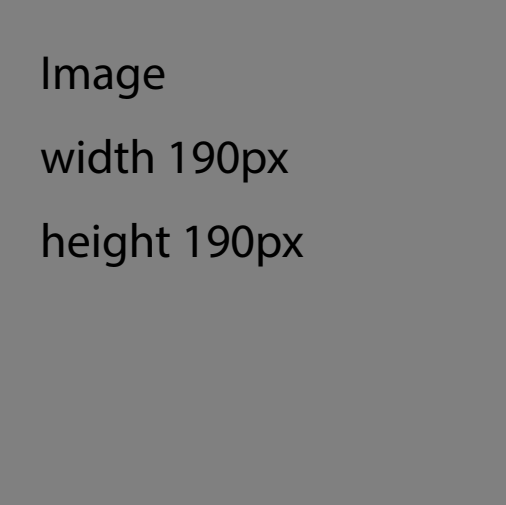


- Location Photos
- Class Photos
- Adam Sparring
- Family BBQ
- Hing Hay Demo
- David Learning Ape

Hing Hay Demo



David Learning Ape



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Secrets to Snake & Crane

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Upcoming Demo

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Go Seahawks!!!

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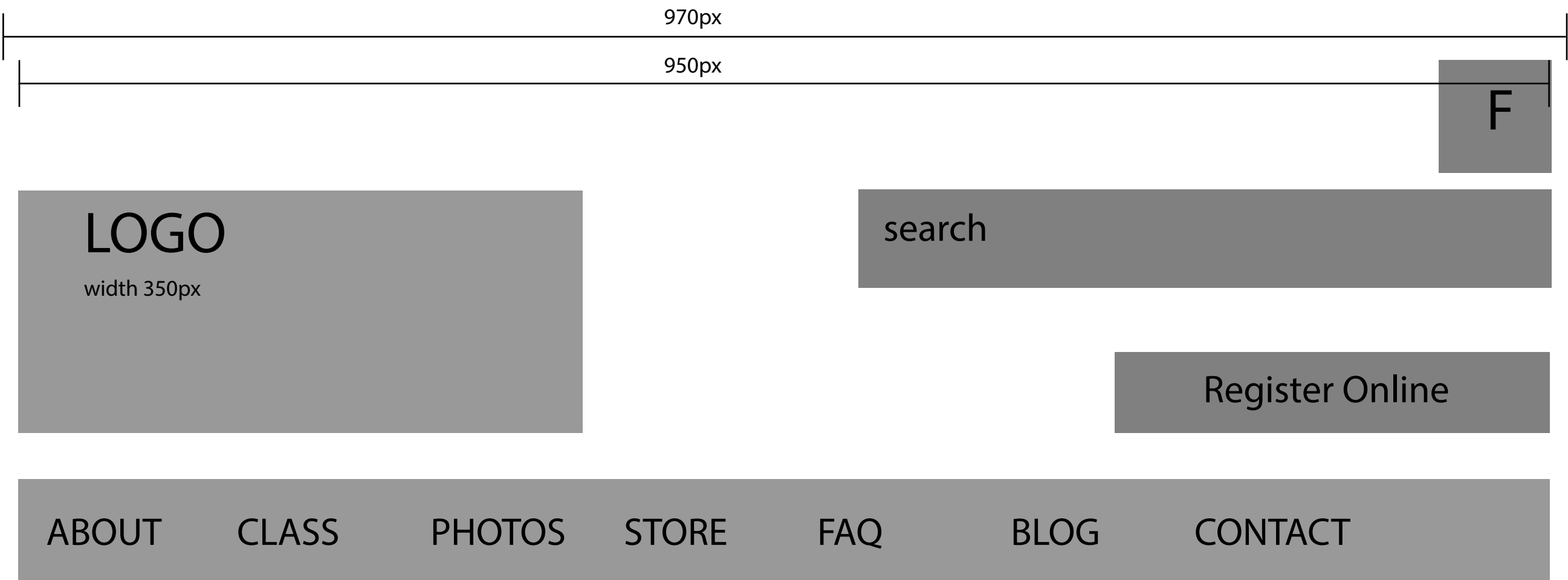
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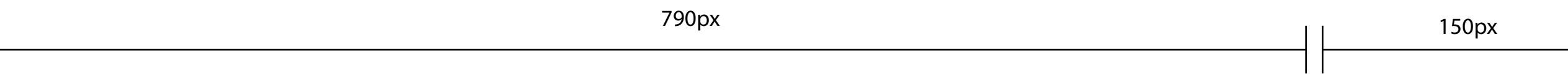


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